

1.4 Norms for discharge of functions [Section4(1)(b)(iv)]

Process of redress of grievances

In the Seamen's Provident Fund Organization grievance redress Helpdesk system is available through following modes:

1. **Phone Calls:** call at 022-22616925 to register the complaint on all working days.
2. **Email:** grievance may be written through email :- spfo-commr@spfo.gov.in
3. **Letter:** grievance may also be raised by writing letter to SPFO office address
4. **Visiting Organisation:** visiting at SPFO Office to register complaints